



bringing people together for better health and wellbeing

Friday Evening Meeting & Greeting Volunteer

We are looking for people with excellent communication skills and a calm and helpful manner, to assist reception staff at our regular Friday Evening Events.

This is a good opportunity if you are looking for a regular volunteering commitment with lots of opportunity to interact with participants, Hosts, kitchen team and staff.

As a Friday Evening Meeting and Greeting Volunteer you will:

- be part of our volunteer Reward and Recognition scheme 'Tempo Time Credits'
- be welcomed, trained and supported by the Friday Evening Assistant
- share the Meeting and Greeting role with the Friday Evening Assistant
- have an opportunity to meet a wide range of people
- help to befriend and make new people feel welcome
- be a valued member of The Stuart Low Trust team
- be offered something to eat and drink whilst you are volunteering
- be invited to regular volunteer get togethers
- have individual support available
- be eligible for a reference from The Stuart Low Trust

Qualities we are looking for include:

- Willingness to be part of a team
- Ability to arrive punctually for 6pm and share the role with the Friday assistant until 8.30pm
- Meet and greet participants attending the Friday Evening Event
- Befriend new participants who have not attended before, so they feel welcomed
- Ensuring Health & Safety procedures are in place by asking all attendees to sign in
- Offering each attendee a ticket in a friendly manner, so they can receive the buffet meal
- A mature, courteous and professional disposition
- An awareness of mental health issues
- It would be desirable to have previous volunteering experience, but not essential
- A sense of humour and an ability to stay calm and centred
- Willingness to abide by The Stuart Low Trust Code of Conduct

Please return your completed application to Rosie Gaston, Operations and Communications Manager, The Stuart Low Trust, Office 1, Jean Stokes Community Centre, Carnoustie Drive, London N1 ODX or email <u>info@slt.org.uk</u>

If you have any questions about the application please contact the office on 020 7713 9304 or email info@slt.org.uk

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