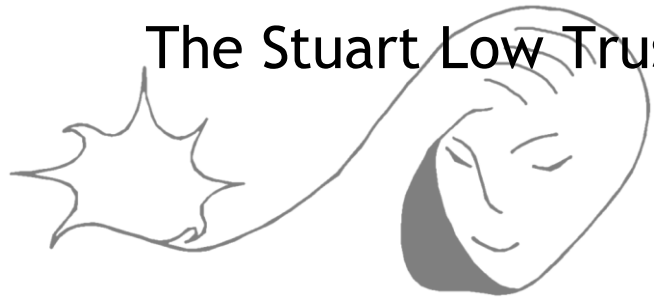




The Stuart Low Trust



bringing people together for better health and wellbeing

Arts and Nature Visits Volunteer

We are looking for friendly and outgoing people, with excellent communication skills and a calm and helpful manner to assist the Group Leader on our monthly Arts and Nature Visits.

This is a good opportunity to meet and interact with a wide range of people, as well as enjoying the visit. You would need to be a good time keeper and be punctual in your arrival time and be able to help out for the duration of the visit (usually half a day).

As an Arts and Nature Visit Volunteer you will:

- be welcomed, trained and supported by the Group leaders
- be willing to arrive punctually at the start time
- help to befriend and make new people feel welcome
- share the greeting and supporting of participants with the Group leaders
- have an opportunity to meet a wide range of people
- assist the Group leaders with ordering teas and coffees for everyone
- be invited to regular volunteer get togethers
- have individual support available
- be eligible for a reference from The Stuart Low Trust
- be a valued member of The Stuart Low Trust team

Qualities we are looking for include:

- Willingness to assist the group leader in supporting a group of participants
- Ability to arrive punctually at the allocated time
- Meet and greet participants attending the Arts or Nature visit
- Befriend new participants who have not attended before, so they feel welcomed
- A mature, courteous and professional disposition
- An awareness of mental health issues
- It would be desirable to have previous volunteering experience, but not essential
- A sense of humour and an ability to stay calm and centred
- Willingness to abide by The Stuart Low Trust Code of Conduct

Please return your completed application to Operations and Communications Manager, The Stuart Low Trust, Office 1, Jean Stokes Community Centre, Carnoustie Drive, London N1 0DX or email info@slt.org.uk

If you have any questions about the application please contact the office on 020 7713 9304 or email info@slt.org.uk

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